

# Divorce Coach for Ladies who Leave

Divorce doesn't have to be expensive or painful – and it's Emma's mission to lead a movement of 100,000 women to take control of their divorce before the lawyers get involved.

Emma Heptonstall was a legal adviser for 13 years, working with families dealing with the stress and confusion of relationship breakdown. As an NLP trained coach and family mediator Emma combines her knowledge and experience of the law, with her skill and expertise in coaching.

Today Emma helps women transform their divorce experience helping smart women move forward with confidence, making the best decisions at the right time.

## Area of Expertise:

- Divorce
- Author
- Speaker
- Trainer
- Communication in relationships
- Children and divorce
- Leaving an unhappy marriage

## Training topics:

- 7 simple steps to decide if your marriage is really over
- How to be a Lady Who Leaves
- Getting Divorced Without Losing Your Sanity
- How to create a divorce plan
- How to have a child-centred divorce
- Why you should never negotiate without knowing your numbers!
- How your communication style can save you thousands in divorce.

## Available for comment on:

- UK divorce statistics
- Impact of divorce on women
- Impact of divorce on children
- Divorcing with ease and grace
- Why having a divorce plan is essential
- The biggest mistakes women make on divorce

## As featured in:

**The Telegraph**

 **INDEPENDENT**

**BBC  
RADIO**


**HUFFPOST**


**marie claire**


**Daily Mail**




## EMMA HEPTONSTALL The Divorce Alchemist

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 [www.emmaheptonstall.com/  
divorce-coaching/blog/](http://www.emmaheptonstall.com/divorce-coaching/blog/)

## Awards



Amazon  
best-selling  
author –  
How to Be  
a Lady Who  
Leaves


[www.howtobealadywholeaves.co.uk](http://www.howtobealadywholeaves.co.uk)


## Testimonial


Emma is a coach of exceptional skill. She has a proven ability to deliver transformative, life-changing 1:1 work with warmth, humour and integrity. Highly recommended.


DR. HENRIE LIDIARD INLPTA MASTER TRAINER


## Social

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